

OPENING HOURS

Tue-Fri | 8:00 am – 5:00 pm
Sat-Sun | 9:00 am – 5:00 pm
Monday | closed

MENU

SENS
— CAFE —
GOOD COFFEE & MORE

FROM THE COUNTER

COFFEES

*From Quietly Coffee**

\$
(CAD, tax excl.)

Black Coffee

Espresso	3
Americano / Long black	3.50
Batch brew / Filter	2.60
V60	4.25
Chemex	4.25

White Coffee

Cappuccino	3.95
Flat white	3.95
Latte	3.95
Mocha	5
Espresso macchiato, Piccolo	3.60

All recipes can be made decaf except batch brew

**340g bags available for purchase, various origins*

OTHER MILK-BASED DRINKS

\$
(CAD, tax excl.)

Chai Latte

Organic chai	4.40
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Hot Chocolate

House recipe	3.70
Half size for kids	2.00

Steamed milk

Glass of steamed dairy milk 3.25%	1.50
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Extras

\$
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Espresso shot	1.60
Add steamed milk	0.60
Dairy free milk substitute	0.60

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LOOSE-LEAF TEAS

*From Cha Cha Tea**

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Black tea	Earl Grey	3.10
	English Breakfast	3.10
Green tea	Sencha	3.70
	Jasmine	3.10
Rooibos	Caffeine free - ask your barista for flavor	3.10
Herbal	Caffeine free - ask your barista for flavor	3.70

*100g bags of above teas available for purchase

ICED DRINKS

\$
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Iced coffees	Iced Americano	3.70
	Iced latte	4.15
	Espresso + tonic	6.20
	Chemex on ice, V60 on ice	4.45
Iced Chai Latte	Organic chai latte on ice	4.60

WATER, JUICES & SODAS

\$
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Water	Sparkling	2.20
Soda	Fever Tree, Indian Premium Tonic	3.50
Fruit juices	Black River, various flavors	3.40

Extras

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Espresso shot	1.60
Add steamed milk	0.60
Dairy free milk substitute	0.60

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FROM THE KITCHEN

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SWEETS

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Cookies		3
Muffins  	<i>Vegan + Gluten free, with corn flour + GF flour</i>	3.50
Oat bars		3
Sweet bread		2.50
Scones		4
Eclairs	<i>Recipes change regularly – check our specials</i>	5.50
SENS Classique Eclair Dark chocolate glaze / Vanilla bean crème pâtissière filling / Gold chocolate pieces		
Raspberry Lemon Eclair Lemon curd, raspberry confit / White chocolate glaze / Toasted Almond / Fresh raspberry		
Praline Eclair Salty caramelized white chocolate, pecan ganache filling / White chocolate glaze / Pink pecan praline		
Entremets	<i>Check available recipes in our display</i>	5
Crème Brulée, Lemon curd 		3.50
Parfait		4.50
Honey almond granola / Vanilla yogurt / Fruit compote		

 *Gluten free*  *Nut free*  *Vegetarian*  *Vegan*

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SAVOURIES


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Sandwiches




- Roasted Vegetables Sandwich**   **9.50**
Toasted ciabatta / Whipped sundried tomato goat cheese /
Roasted red onion, zucchini, portobello / Baby kale /
Roasted red pepper hummus
- Chicken Club Sandwich**  **9.50**
Ciabatta / Balsamic herb roasted chicken breast / Crispy bacon /
Roasted garlic dill aioli / Applewood smoked cheddar / Honey Dijon
mustard / Tomato / Baby kale





Salads

- Raspberry Chicken Salad**  **12.50**
Pumpkin seed pesto roasted chicken breast / Raspberry vinaigrette /
Heritage greens / Alfalfa sprouts / Fresh raspberries /
Pickled shallots / Toasted hazelnuts
- Corn Salad**    **10.00**
Roasted corn / Tomato / Red onion / Cucumber / White bean / Basil
Roasted Jalapeño lime vinaigrette / Pickled Jalapeño

- Cheesy Egg & Bacon Wrap**  **10.50**
Jalapeño scrambled eggs / Old cheddar cheese / Smoky bacon /
Hashbrown / Fresh tomato / Chipotle aioli / Flour tortilla

- Egg bites** Egg / Cheddar / Parsley / Seasoning    **2.50**

- Egg white bites** Egg white / Baby kale / Cottage cheese    **2.50**
Feta / Roma tomato

 *Gluten free*  *Nut free*  *Vegetarian*  *Vegan*